

Grace and Courtesy at Home

Positive role models of grace and courtesy will offer the greatest impact on the development of these gentle and peaceful ways. Much can be done to support grace and courtesy lessons at home through daily routines and interactions. I've listed some ideas below, many of which we also practice at school. Keep in mind that your child will look to you to also follow these guidelines.

- using quiet voices when inside
- going into a room to address another person rather than yelling from another room
- saying please and thank you
- greeting someone warmly and with eye contact
- apologizing/excusing oneself when necessary
- how to interrupt politely when attention is needed
- tucking in a chair after use
- closing a door quietly
- sneezing into a tissue or elbow if necessary
- coughing into hands, elbow, or tissue
- washing hands to eat or after using the washroom
- putting shoes and coat away neatly when entering the home
- respecting the personal space of others
- taking turns in a conversation
- caring for belongings in the home
- sharing in clean up efforts after meals
- offering to be helpful
- waiting politely
- putting away toys or things after use

You could build on this list if there are other activities that are applicable to your life. I grew up on a farm and would have added a few points about tending to the animals and work to contribute to farm maintenance.